



DR. KARA FITZGERALD, LLC

FUNCTIONAL MEDICINE

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Dr KF's Seasonal Allergy Relief Program

For supplement and allergen information, please click on these links to refer to the manufacturer's materials:

[Natural D-Hist](#)

Does not contain: Wheat, gluten, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners or preservatives.

[Ortho Biotic 100](#)

Does not contain: Wheat, gluten, soy, corn, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners or preservatives.

[Glutashield](#)

Does not contain: Gluten, yeast, artificial colors and flavors.

Contains: Crustacean Shellfish (Shrimp and Crab).

[Betaine & Pepsin](#)

Does not contain: Gluten, corn, yeast, artificial colors and flavors.

[Digestzyme-V](#)

Does not contain: Gluten, yeast, artificial colors and flavors.

Contains: Plant enzymes.

[Buffered Vitamin C](#)